

Tudor and Cashel Library hosts Lavender Workshop July 24



By Michael Riley

Local Journalism Initiative Reporter

A workshop on lavender sugar scrubs is coming to Tudor and Cashel Library on July 24 at 1 p.m. Those interested should RSVP by noon on July 22 to attend this free workshop being hosted by the library. Bonnie Moore from Woodland North 62 Lavender Farm in Madoc will be teaching attendees how to make their own lavender sugar scrubs. Moore comments on this fun and educational workshop for all ages.

Moore will be showing people who come by to this workshop on July 24 how to make a lavender sugar scrub. Everything is supplied, but she asks that you bring a Mason jar or a Ziploc bag to bring your sugar scrub home with you. They ask that all interested parties RSVP by July 22 at noon to ensure they get a space in the workshop.

Woodland North 62 Lavender Farm is owned and operated by Moore and her husband Derek and is located in Madoc. They have offered a chemical free lavender farm and outdoor experience since 2021. They started with three varieties of lavender and are now up to eight varieties. For more information, go to www.woodlandnorth.com and the Woodland North 62 Lavender Farm page on Facebook, or contact Moore at woodlandnorth62@gmail.com or 905-717-7937.

Moore tells Bancroft This Week that she has a friend who volunteers with the library who suggested she give this workshop to get more activity going at the library and she agreed to do one on lavender sugar scrubs.

?We'll be making lavender-based sugar scrub to use for exfoliation in cosmetic use. So, it's using a lot of really good oils that are good for your skin and using lavender from the farm,? she says.

Moore says the workshop isn't difficult and is good for any age. She says anyone that can stir with a spoon in a bowl can totally make the lavender sugar scrub.

?It's very easy. I've done it at public schools so it's great for kids and they really like learning about the use of it, how good it is for your skin and learning about essential oils, because we scent it with different essential oils and then I talk a little about lavender. I talk about growing it and drying it, the ones that we're using I take the stems and we de-bud the stems there and we talk about the process,? she says.

Moore says she offers quite a few different workshops that are good for all age groups, corporations, bachelorette parties and lavender learning sessions in schools which are free of charge.

?I teach this from junior kindergarten to grade 8. I come in and talk about lavender learning, growing it, pruning it, tilling versus no till farming. We have a lavender shortbread cookie I make for each child. I do that as a community give back. I believe very strongly that businesses should give back to the community,? she says.

One of the people going to the lavender sugar scrub workshop is Jo-Anne Carrol, who says she's really looking forward to it.

?It is an interest that I have for learning, even at my age, to do natural homemade remedies and recipes. Even I, though I have no sense of smell, really like lavender and what it does and how people react to it. Tudor and Cashel have managed to do some very interesting, creative and positive things for the community. Their clerk and council really put a lot of interest into what will benefit the community,? she says.

According to the library's Facebook page for this event, seven people are going, and 20 more people are interested. Moore tells Bancroft This Week she can handle groups of up to 25 people or so at her workshops.

?So hopefully we'll have a good, decent crowd!?